

## CURRICULUM VITAE

### **JULIE JAFFEE NAGEL**

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### **EDUCATION**

1987 - Ph.D. Psychology and Social Work The University of Michigan, Ann Arbor, MI.

Dissertation: "**An Examination of Commitment to Careers in Music: Implications for Alienation from Vocational Choice**"

1985 - M.A. (Psychology) The University of Michigan, Ann Arbor, MI

1982 - M.S.W. (Clinical social work) The University of Michigan, Ann Arbor, MI

1968 - New York State Teacher Certification. Long Island University, New York

1966 - M.S. (Piano performance) The Juilliard School, New York, N.Y.

1965 - B.M. (Piano performance) The Juilliard School, New York, N.Y.

## **POSTDOCTORAL TRAINING**

2003 Graduate: Michigan Psychoanalytic Institute

2002 Red Cross: full training in Mental Health

1989-90 Post Doctoral Clinical Internship Dept. Psychiatry, Univ. of Michigan

## **EXPERIENCE**

2007- fall. Taught course on Psychoanalytic Theory of Neurosis (Freud's case history of "Dora"), Michigan Psychoanalytic Institute.

2007-winter. Taught course on Writing in Clinical Psychoanalysis, Michigan Psychoanalytic Institute and Seminar on Clinical Process, MPI Fellowship, Michigan Psychoanalytic Institute.

2007-present Blog Music Editor, Internationalpsychoanalysis.net

2005, spring - Instructor, Music, Mind and Affect. Michigan Psychoanalytic Inst., Ext. Div.

2004-present - Associate Faculty, Michigan Psychoanalytic Inst.

2003, fall - Instructor, Performance Anxiety Michigan Psychoanalytic Inst. Ext. Div.

2002-present - Adjunct Clinical Instructor University of Mich., Dept. Psychiatry

1983-present - Private Clinical Practice Adult Psychotherapy and Psychoanalysis (2002-present)

1995-1998 - Lecturer: Univ. Mich., Dept. Psychology

1992-1994 - Psychotherapist McAuley Outpatient Mental Health Ann Arbor, MI.

1990-1992 - Psychotherapist Eastwood Clinic, Livonia and Ann Arbor, MI

1987-1989 - Lecturer and Ass't. Research Scientist School of Social Work, Univ. of Michigan. taught courses in psychodynamic and behavioral theory and clinical practice

1986-1988 - Director: Employment Services School of Social Work, University of Michigan

1983-1986 - Teaching Assistant Dept. Psychology, Univ. Michigan

1981-1982 - Social Work Intern Univ. Michigan Counseling Services

1980-1981 - Social Work Intern Northville Public Schools

1980 - Instructor Univ. Michigan Extension Division course on stress management

1978 - Coordinator and Researcher Performance Anxiety Program Univ. Michigan, Dept. Psychology

1975-1984 - Instructor of Piano (summers)-National Music Camp Interlochen, Mich.

1975-1980 - Concert performances 2-piano, 4 hands with Louis Nagel

1969-1970 - Teacher of General Music Public Schools, Ann Arbor, Mich.

1968-1969 - Teacher of General Music Public Schools, Long Island, New York

1966-1980 - Private Piano Studio Long Island, NY and Ann Arbor, MI.

## **PUBLICATIONS**

Nagel, J.J. (2007). Freud Meets Mozart on the Oral-Aural Road. *The American Psychoanalyst (TAP)*, Vol. 41, No. 4, Fall/Winter, pp. 22:33.

Nagel, J.J. (2007) Convert Performance Anxiety into Performance Energy (invited article). *Keyboard Companion*. Winter, 2007. pp. 38-39.

Nagel, J.J. (in press) Psychoanalytic Perspectives on Music: An Intersection on the Oral and Aural Road. *The Psychoanalytic Quarterly*.

Nagel, J.J., (2007) Melodies of the Mind: Mozart in 1778 ,In J.J. Nagel (Ed).*American Imago*. Johns Hopkins University Press, Baltimore, Md., Vol. 64, pp. 23-36.

Nagel, J.J. (2006) Book Review. *The Quiet Revolution in American Psychoanalysis: Selected Papers of Arnold M. Cooper* . (E. Auchincloss, Ed.). *Psychoanalytic Quarterly*, LXXV/4 pp. 1192-1198.

Nagel, J.J. Performance Anxiety and the Musician. (2006) *The American Psychoanalyst (TAP)*. Vol. 40, No. 2, pp. 16;22.

Nagel, J.J. & Nagel, L., (2005) Animals, Music, and Psychoanalysis. In S. Akhtar & V. Volkan, (Eds.) *Cultural Zoo: Animals in the Human Mind and its Sublimations* , Madison Connecticut, IUP Press, pp. 177-206.

Nagel, J.J. (2004) Stage fright theory and treatment: One size does not fit all. *Medical Problems of Performing Artists*. Vol. 19, No. 1, pp. 39-43.

Nagel, J.J. (1999) When is a Music Teacher More Than a Music Teacher?: Psychological Issues in the studio (invited article) *American Music Teacher*. (June/July).

Nagel, J.J. (1998) Injury and Pain in Performing Musicians: A Psychodynamic Diagnosis. In R.T.. Sataloff, A G. Brandfonbrener., R.J. Lederman, (Eds)*Performing Arts Medicine (second edition)*, San Diego, Calif.: Singular Publishing Group, pp. 291-299.

Nagel, J.J. (1998) Injury and Pain in Performing Musicians: A Psychodynamic Perspective. *Bulletin of the Menninger Clinic*. Vol. 62, No. 1, winter, pp. 83-95.

Nagel, J.J. (1996) Stressbusters for Music Teachers. *Piano and Keyboard*. (Nov./Dec.).

Nagel, J.J. (1993) Stage Fright in Musicians: A Psychodynamic Perspective *Bulletin of the Menninger Clinic*, Vol. 57, No. 4 (fall).

Nagel, J.J. (1991) When Good Teaching Isn't Enough. *American Music Teacher*, Feb., Mar.

Nagel, J.J. (1990) Performance Anxiety and the Performing Musician: A Fear of Failure or a Fear of Success" *Medical Problems of Performing Artists*, Vol. 5, No. 1, (March), pp. 37-40.

Nagel, J.J. (1989) Musicians' Maladies (Correspondence) *New England Journal of Medicine*, Vol. 321, No. 1 (July), p. 51.

Nagel, J.J., Himle, D.P., & Papsdorf, J. (1989) Cognitive-Behavioral Treatment of Musical Performance Anxiety. *Psychology of Music*, Vol. 17, No. 1.

Nagel, J.J. (1988) In Pursuit of Perfection: Career Choice and Performance Anxiety in Musicians. *Medical Problems of Performing Artists*, Vol. 3, No. 4, (Dec.), pp. 150-145.

Nagel, J.J. (1988) Identity and Career Choice in Music. *Journal of Cultural Economics*, Vol. 12, No. 2, Dec.

Nagel, J.J. (1988) Can There Be a Unified Theory for Social Work Practice? *Social Work*, Vol. 10, No. 4, (July-Aug.)

Nagel, J.J. (1987) An Examination of Commitment to Careers in Music. In *Artists and Cultural Consumers*, D.V. Shaw, W.S. Hendon, and C. R. Waits, (Eds.), *Association for Cultural Economics.*, Vol, III.

Nagel, J.J. (1987) Is There A Choice in Career Choice in Music? "Clavier", Vol. 26, No. 2.

Nagel, J.J. (1986-1988) "On Stage". A regular column in "Clavier".

Nagel, J.J. (1985) Reducing Students' Stage Fright. "The Australian String Teacher". Vol. 7, No. 4.

Nagel, J.J. (1984) Reducing Students' Stage Fright: Can Music Teachers Be Psychologists? UPDATE: Journal for Research in Music Education. Vol., 2, No. 3.

Nagel, J.J. (1981) Performance Anxiety. European Piano Teachers' Journal, Vol. 2, No. 5.

Nagel, J.J., Himle, D. and Papsdorf, J. (1981) Coping with Performance Anxiety. The NATS Bulletin, Vol. 37, No. 4.

## **PRESENTATIONS (Illustrative)**

**Numerous lectures and workshops are presented locally, nationally, and internationally at Universities, Teacher Organizations, and Professional Organizations.**

Performance Anxiety. William Carey University, Hattiesburg, Mississippi., December 17, 2007.

Psychoanalytic and Musical Perspectives on Donizetti's Lucia di Lammermoor, American Psychoanalytic Association spring meetings, Denver, Colorado, June 23, 2007.

Presentation on Performance Anxiety, Ann Arbor Public Library, May 14, 2007

Performance Anxiety Internet 2 interactive internet presentation North Carolina School for the Arts, April 10, 2007

Psychoanalytic and Musical Perspectives on Shame in Donizetti's "Lucia di Lammermoor": New Orleans/Birmingham Psychoanalytic Institute (paper and panel discussion), March 23-25, 2007.

Discussant for film, "Hustle and Flow" shown by Association for Psychoanalytic Thought/Michigan Psychoanalytic Institute., West Bloomfield Public Library, Michigan. Feb. 18, 2007

Mozart in 1778; also Stage Fright/Motivation/Burnout. (weekend of presentations) Midland Music Teachers, Midland, Michigan, Sept. 15,16, 2006.

Parenting Performers and Performance Anxiety in Ice Skating. Arctic Edge Figure Skating Club. Arctic Edge Ice Arena, Canton, Michigan, May 7, 2006.

Psychoanalytic Perspectives on Music and its Interpretation (Verdi's Otello), Conference on Music and Mind, New Center for Psychoanalysis, Los Angeles, Calif., March 4, 2006

Performance Anxiety, Conference on Music and Mind, New Center for Psychoanalysis, Los Angeles, Calif., March 4, 2006.

Performance Anxiety in Musicians and Athletes. American Psychoanalytic Assoc., New York, Jan. 2006.

What Can Psychoanalysis Learn from Listening to Mozart?. American Psychoanalytic Assoc., New York, Jan. 2006.

A Psychoanalytic Perspective on Musical Interpretation. American Psychoanalytic Assoc., New York, Jan. 2005; Michigan Psychoanalytic Society, Nov. 17, 2005.

Performance Anxiety In Musicians and Athletes. Univ. Mich. School of Music, Nov. 2004.(collaboration with University of Michigan Football Team coaches and Michigan Psychoanalytic Institute, Ann Arbor Committee)

Music and Creativity: Discussant of papers on G. Mahler, B. Bartok, S. Rachmaninoff, and A. Scriabin American Psychoanalytic Association, New York, Jan. 2004.

Music, Affect, and Meaning: Songs Without Words, Symposium Co-Chair: American Psychoanalytic Association, New York, Jan. 2003.

Rachmaninoff's Emotional Collapse and Recovery: The First Symphony and it's Aftermath, Discussant, American Psychoanalytic Association, New York, Jan. 2003

Performance Anxiety, National Association of Schools of Music, New Orleans, La., 2003.

Da Capo: Psychoanalysis and Musical Performance, Co-Chair: Discussion Group, American Psychoanalytic Association, New York, yearly, 1997-2003

Panel on Performance Anxiety, University of Michigan School of Music, 2002, 2003, 2004, 2005.

Panel on Performance Anxiety. American Liszt Society, Ravello & Vietri Sul Mare, Amalfi Coast Music Festival, (by invitation) summers 1999, 2001.

Performance Anxiety .International Music Camp, Warsaw & Lublin, Poland, (by invitation) summers 1998, 1999.

Injury and Pain in Performing Musicians: A Psychoanalytic Diagnosis. International Conference on Arts Medicine and Therapy, Tel Aviv, Israel, 1995

Stage Fright. St. Petersburg Conservatory, St. Petersburg, Russia, 1992

Understanding Stage Fright. The Rubin Academy, Jerusalem, Israel, 1992

Contrapuntal Themes: Personality Development and Occupational Choice Among Performing Musicians. Miller Institute for Performing Arts, New York, N.Y., 1992

Stage Fright. 100th annual Convention of the American Psychological Association, Washington, D.C., 1992

Stage Fright. Michigan Opera Theater, Detroit, Michigan 1991

Understanding Performance Anxiety. Western Michigan University Convocation Series, Kalamazoo, MI. 1991

Coping with Performance Anxiety. Ann Arbor Board of Realtors, Ann Arbor, MI. 1991

Taking Charge of Anxiety. Continuing Education for Women, University of Michigan, Ann Arbor, MI. 1992, 1991

Stage Fright. The Moscow Conservatory, Moscow, USSR, 1990

Performance Anxiety. Michigan State Medical Society, 1990

Understanding Stage Fright. University of Michigan School of Music, 1988, 1989

Stage Fright and University Students. University of Michigan Health Service, Ann Arbor, MI. 1988

Stage Fright. Peabody Conservatory of Music, Baltimore, MD., 1985, 1987

An Examination of Commitment to Careers in Music. Conference on Cultural Economics, Avignon, France, 1986

Effects of Stage Fright on Performance Careers. Conference on Medical Problems of Musicians, Aspen, Colorado, 1985

A series of lectures on stage fright. Conservatorium of Music, Sydney, Albury, Newcastle, and Wagga Wagga, Australia, 1984

A series of workshops on stage fright. The Public Schools, Tortola, The British Virgin Islands, 1984.

Developing Communication Skills Through Music With Non-Verbal Children. World Conference on Mental Retardation, Toronto, Canada, 1982

Coping with Stage Fright. First International Conference on Tension in Music Performance, Surrey, England, 1981

## **GRANT SUPPORT**

Irving S. Gilmore International Keyboard Foundation, "Musicians and Mental Health". Julie Jaffee Nagel, Ph.D., Principal Investigator, symposium at Gilmore Festival, Kalamazoo, MI., April 31-May 1, 1994

## **HONORS**

Karl A. Menninger Memorial Award for "Psychoanalytic and Musical Perspectives on Shame in Donizetti's Lucia di Lammemoor", American Psychoanalytic Association, Jan. 2008.

Nathan Segel Outstanding Essay Award for "*Psychoanalytic and Musical Perspectives on Shame in Donizetti's Lucia di Lammermoor*", Michigan Psychoanalytic Institute, June 2007

Nathan P. Segel Outstanding Essay Award: "*Mozart in 1778: Music as Psychoanalytic Data*", Michigan Psychoanalytic Institute, June 2003.

## **PROFESSIONAL MEMBERSHIPS AND AFFILIATIONS**

2007- American Psychoanalytic Association Discussion Group:  
Psychoanalytic Perspectives on Music, Co-Chair

2006 - The American Psychoanalyst (TAP): Editorial Board

2005 - Ann Arbor Committee, Michigan Psychoanalytic Institute, Chair

2005 -American Imago: Editorial Board

2004 - American Psychoanalytic Association, Committee on Psychoanalysis and the Arts: Co-Chair: Committee on Psychoanalysis and Music

Ann Arbor Committee for Psychoanalysis and the Arts: former Chair  
(committee no longer operative)

American Psychoanalytic Association, Member

American Psychoanalytic Association, Program Committee, former Member

American Psychological Association, Member

Committee for Pianists' Wellness: National Conference on Keyboard  
Pedagogy, Member

International Arts Medicine Association: former Board of Directors and  
former Chair: Mental Health Committee

Medical Problems of Performing Artists, Editorial Board

Michigan Psychoanalytic Society, Member

Michigan Psychoanalytic Institute: Member Development Committee and  
Michigan Psychoanalytic Foundation

Ad Hoc Reviewer: Psychoanalytic Psychology, International Journal of  
Psychoanalysis, Journal of the American Psychoanalytic Association,  
International Journal of Applied Psychoanalytic Studies, Medical Problems  
of Performing Artists.

## **LICENSURE**

Full license in Psychology (MI #6301008922)

Certified in Adult Psychoanalysis: American Psychoanalytic Association